

You're invited to join the second season of

# Little Ladies

ON THE

# RUN!



- Little Ladies on the Run is typically an after school program for 1st and 2nd grade girls. With COVID hitting our Nation, we have turned it virtual! We will learn many positive, helpful, and healthy choices throughout our lessons, as well as learn how to prepare for our 1 mile Fun Run at the end of our season! (Whether it be virtual or physically on campus will be determined later.)
- Registration is \$5 covering prizes girls can earn through their running log milestones. If a shirt is desired, registration would be \$15 total. Cash or Checks accepted. Please make checks out to **Esmond Station**.
- Forms are to be turned in to the front office by Friday, October 9, 2020. Little Ladies will be accepted on a first-come-first-serve basis, with up to 20 girls able to join.
- Coaches: Ms. Anderson (3rd grade Teacher) & Mrs. Roberts (4th Grade Teacher)!
- Meetings: Fridays from 8:00 am - 8:30 am during the Fall Semester (October - December)
- First meeting day: Friday, October 30th @ 8:00 - 8:30
  - **\*\*Meetings will be held through Schoology Conferences within the soon to be created LLOTR Course - More information to come after registration closes!\*\***
- Fun Run: The day & time and whether the run will be virtual or on campus will be determined at a later date.

Please cut along the dotted line and turn the bottom portion into the office by Friday, October 9th!

Little Lady's Name: \_\_\_\_\_ Teacher's Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Parent Email: \_\_\_\_\_ Little Ladies Shirt Size: \_\_\_\_\_